

Intall Watchtower with E-Mail (Gmail) Notifications

Use the following code to install watchtower with gmail notifications. See more information and [documentation here](#).

```
sudo docker run -d \  
  --name watchtower \  
  -v /var/run/docker.sock:/var/run/docker.sock \  
  -e WATCHTOWER_NOTIFICATIONS=email \  
  -e WATCHTOWER_NOTIFICATION_EMAIL_FROM=youremail@gmail.com \  
  -e WATCHTOWER_NOTIFICATION_EMAIL_TO=youremail@gmail.com \  
  -e WATCHTOWER_NOTIFICATION_EMAIL_SERVER=smtp.gmail.com \  
  -e WATCHTOWER_NOTIFICATION_EMAIL_SERVER_USER=youremail@gmail.com \  
  -e WATCHTOWER_NOTIFICATION_EMAIL_SERVER_PASSWORD=your-email-password \  
  -e WATCHTOWER_NOTIFICATION_EMAIL_DELAY=2 \  
  containrrr/watchtower
```

Without email notifications

```
sudo docker run -d \  
  --name watchtower \  
  -v /var/run/docker.sock:/var/run/docker.sock \  
  containrrr/watchtower
```

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